

Minefield

Supplies Needed: Tennis balls, paper plates, any objects to create the 'minefield,' blindfolds

Number of People: Any size group

Directions:

- The object of the activity is to have the blindfolded participants make it through the minefield without stepping on and/or touching any "mines".
- Begin by placing tennis balls (or paper plates) all over the ground. These tennis balls will represent mines.
- Next, instruct your group to get into pairs (if group is uneven number, participants can be switched to ensure everyone has a chance to participate).
- One member of each pair will be blindfolded during the activity. In addition to being blindfolded, they will be unable to speak.
- The other member of each pair will be giving directions to their partner. The only directions that can be given are left, right, forward, and back.
- If a mine is touched, the pair must start over. Several pairs will be going through the minefield at the same time so it is vital that blindfolded members listen carefully to their partner.

*Note: Instead of using directional words listed above, you can substitute non-related words. For example, apple= move to your left, orange= move forward, etc.

Debriefing Questions:

- What strategy or technique did you use to make it through the minefield?
- Did you trust your partner? How did you come to trust them?
- What reservations did you have about your position in the pair?
- Was it easier just following directions or would it have been better if you could have asked clarifying questions? Why?