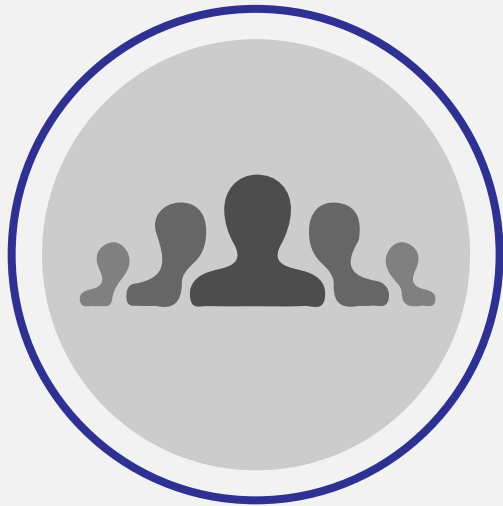


Leadership Workshop Series

All workshops will take place from 12:00-1:00pm and will be held in the Gatton Student Center, room 331. Learn more at getinvolved.uky.edu!

Lunch will be provided!



Student Organizations

Leading a student organization can be a complicated task. Join us throughout the semester for a variety of helpful and informative workshops and training that will enhance your role and experience in student organizations.

Sept. 6th	Finding your Fit - Getting Involved
Oct. 1st	Building Community & Trust
Oct. 26th	Keeping Members (& Yourself) Motivated
Oct. 30th	Inclusive Leadership



Adultish Skills

Whether you're a senior getting ready to transition into the real world or a freshman trying to get through the first year of college, this workshop will equip you with the basic resources to prepare for the adult world: money management, meal planning and prep, and essential life skills.

Sept. 11th	Personal Finance
Oct. 11th	Communication
Nov. 13th	Surviving the Holidays
Nov. 29th	Dealing with Difficult People



General Leadership

Good leaders not only have an awareness of themselves, but an understanding of those around them. Join us to learn more about yourself and how you relate to others as a leader, while building essential skills for a successful future.

Sept. 26th	Meals & Deals
Oct. 22nd	Emotional Intelligence
Oct. 24th	StrengthsFinder
Nov. 7th	Learning to Thrive, Not Just Survive, as a Student Leader