Leadership Workshop Series

All workshops will take place from 12:00-1:00pm and will be held in the Gatton Student Center, room 331. Learn more at getinvolved.uky.edu!
Lunch will be provided!

Student Organizations
Leading a student organization can be a complicated task. Join us throughout the semester for a variety of helpful and informative workshops and training that will enhance your role and experience in student organizations.

- Sept. 6th: Finding your Fit - Getting Involved
- Oct. 1st: Building Community & Trust
- Oct. 26th: Keeping Members (& Yourself) Motivated
- Oct. 30th: Inclusive Leadership

Adultish Skills
Whether you’re a senior getting ready to transition into the real world or a freshman trying to get through the first year of college, this workshop will equip you with the basic resources to prepare for the adulty world: money management, meal planning and prep, and essential life skills.

- Sept. 11th: Personal Finance
- Oct. 11th: Communication
- Nov. 13th: Surviving the Holidays
- Nov. 29th: Dealing with Difficult People

General Leadership
Good leaders not only have an awareness of themselves, but an understanding of those around them. Join us to learn more about yourself and how you relate to others as a leader, while building essential skills for a successful future.

- Sept. 26th: Meals & Deals
- Oct. 22nd: Emotional Intelligence
- Oct. 24th: StrengthsFinder
- Nov. 7th: Learning to Thrive, Not Just Survive, as a Student Leader

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